

EMOTIONAL ANALYSIS OF GO MOON YOUNG CHARACTERS IN THE DRAMA “IT'S OK TO NOT BE OKE”

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Abstract

This study aims to determine the emotional character of Go Moon Young, who is the main character in the drama "It's okay to not be okay". This drama tells about a person named Go Moon Young, a character who has an antisocial personality disorder and has a dark past that makes Go Moon Young have a bad temper and don't care about other people. Abandoned by his parents when he was young, Go Moon Young lived alone into adulthood and managed to become a famous children's story book writer. In this study, qualitative methods were used, statistical methods and other calculations did not give results, and the researcher tried to understand the meaning of the events of the interaction of human behavior in certain situations, and interpret your point of view. The result is a very emotional influence on the social environment such as being shunned by the surrounding community, less sensitive to others, hurting yourself and always feeling lonely.

Keywords: *Drama, Emotional, Mental Health*

Introduction

Is a Korean drama that airs on the Korean TV channel tvN and the Netflix streaming platform Netflix (Arviani et al 2021). It's Okay If It's Not Okay is a romance drama about a medical team working in a psychiatric ward living on 1.8 million won in April. I met a writer with antisocial personality disorder. This drama also tells about a man who does not believe in love and a woman who doesn't know what love is and ends up falling in love (Wolf's. 2018). Eventually the two find their own soul and identity in the process.

Moon Kang tae is a person with everything like cool body, intelligence, empathy, patience, and ability to cope quickly (Lee, EA 2016). The hospital where Moon Tae Kang meets Go Moon Young, a famous children's book writer, but he has an arrogant, selfish, and rude personality. It turns out that Go Moon Young suffers from antisocial personality disorder. He often acts cruel and has the heart to hurt others for his own sake. However, the disorder was acquired because he had a painful past as a teenager. This is what makes him often distance himself from people.

1. Emotional

The Oxford English Dictionary defines emotion in its most literal sense as “any activity or awakening of thought, feeling or desire; any state of mental state that is substantial or exaggerated. Emotions refer to certain feelings and thoughts, biological and psychological states and orientations to action (Gross, 2015). Classify emotions into large groups:

- a. Anger is like violence, tantrums, hatred, indignation, annoyance, anger, offence, and perhaps most importantly, pathological acts of violence and hatred.
- b. Sadness is like sad, gloomy, melancholy, self-pity, loneliness and despair.
- c. Fear is such as anxiety, fear, nervousness, worry, fear, alert, sadness, restlessness, and panic.

- d. Pleasure is like joyous joy, satisfaction, lightness, amusement, pride, pleasure, admiration, and great satisfaction.
- e. Love is like acceptance, friendship, trust, kindness, closeness, devotion and respect.
- f. Surprised is like amazed and stunned.
- g. Annoyance is like disgust, nausea, hate, dislike, and wants to vomit.
- h. Shame is like guilt, hurt, regret, humiliation, shame, and heartbreak.

Factors that influence aggressive behavior are emotional maturity, self-control, regularity, emotional intelligence and media influence. One of the factors that greatly influence aggressive behavior is emotional intelligence (Bacon et al 2018). Emotional intelligence can be defined as a person's ability to feel, understand, and sensitive to emotions.

Emotional intelligence can regulate an individual's emotions properly, classify satisfaction, and control the individual's mood. Mood coordination is at the core of good social relationships. If someone is good at adjusting to other people's moods or can empathize with the environment around him, then that person will have a good emotional level and will more easily adapt to social interactions and the environment. Emotional intelligence is also a person's ability to perceive, understand, and effectively apply the power and sensitivity of emotions as a source of energy, emotion, connection, and influence.

Furthermore, individuals who have emotional intelligence can be seen from the characteristics displayed through behavior. The characteristics of emotional intelligence in a person can be seen from the following five main areas:

- a. Recognizing one's own emotions, knowing oneself, the ability to monitor feelings over time is important for self-understanding,
- b. Managing emotions, is the ability to balance emotions, even suppress emotions,
- c. Self-motivation, is the main skill, how individuals are able to continuously improve existing abilities from time to time,
- d. recognize the emotions of others, and
- e. Building relationships, dealing with other people's emotions is a great art for building relationships with other people.

Low self-awareness can trigger someone to behave aggressively (Kurniadewi et al 2020). Low self-awareness can produce certain feelings so that a person no longer considers others and feels no need to be afraid of criticism or retaliation for his behavior, and brings the individual to a state of de-individuation which results in low attention to thoughts, feelings, values and standards behavior he has.

2. Drama

Drama is a genre of literary works in the form of essays that describe or describe the reality of life, characters, and human behaviour in which the stories in them are conveyed through roles and dialogues (Rustamov, IT, at al 2021). Through roles and dialogues displayed on stage in several acts. Etymologically, the word "drama" is adapted from the Greek "draomai" which means to act, to act. Stories and stories in dramas contain conflicts and emotions that aim to influence people who see or hear the drama (K Flensner, K. at al 2019). Drama scripts are played by actors who have the ability to present conflict and emotions as a whole.

3. Drama Character

Characters are the way the author describes and develops the characters in the story (Labatut, V., Bost, X. 2019). Character is the process of the emergence of a character by giving the character, nature, or habit of a character in a story. Character or character is the giving of physical and spiritual characteristics to an actor or character in a story. Personality is

the main factor in a person that shapes a person's psychological characteristics and makes him behave according to the values that are suitable for him in various conditions as follows:

The word character comes from Greek which means "to mark" and focuses on how to apply the value of goodness in the form of action or behaviour (Intania, EV, Sutama, S. 2020). Therefore, someone who is dishonest, cruel, or greedy is called a bad character, and a person who acts honestly and helps is a noble character. Therefore, the term personality is closely related to a person's personality. A person can be called a person of character if his actions are in accordance with moral rules.

Personality assessment according to the Language Center of the Ministry of Education innate, mind, soul, personality, behaviour, personality, personality, personality, temperament, personality (Simanjuntak, et al, 2021). As for what is meant by character is personality, behaviour, character, character, and character. There are those who say that personality is a subjective assessment of moral and mental qualities, others say that personality is only a subjective assessment of mental qualities, so that efforts to change or shape personality are only associated with stimulating intellectual development.

Method (Times New Rowman 12, bold)

Research methods or techniques are one of the most important components in research. The research method is the scientific steps used to find solutions in a Fuster subject matter (Guillen, DE 2019). The research method uses procedures to achieve the final goal. The method used in this research is a qualitative method. Qualitative research relates one theory to another between ideas, perceptions, and research understanding (Moser, A., Korstjens, I. 2018). Qualitative research is designed as a basis to provide experience and meaning from the results obtained. From the point of view of research objectives, the choice to use qualitative methods is to understand a community or individual views a problem.

It is very important for researchers to use qualitative methods in reaffirming the value of research when they interpret the data they collect into a study. This qualitative research includes research whose findings are not through statistical procedures or diagrammatic calculations and seeks to understand the meaning of human behavior events in certain situations from the researcher's point of view (Simanjuntak, et al, 2021). Qualitative research also belongs to the type of research whose results should not be taken by statistical procedures or other forms of computation and seeks to explain the circumstances of an event that interacts with human behavior in certain situations from the researcher's point of view. This qualitative research method is a research method based on philosophy, which is used to examine the state of natural objects, where the researcher is the very main tool; sampling data sources are purposeful and technical. This data analysis is qualitative in nature, and the results of qualitative research emphasize the important rather than the general. The subject of this research is the drama *It's Okay to Not Be Okay* directed by Park Shin-woo with a total of 16 episodes.

Findings and Discussions

Go Moon Young's character always throws sharp words at his interlocutor. He seems to hate everyone, doesn't care about other people's feelings, even if it's a child. This includes characteristic antisocial personality disorder (ASPD). ASPD sufferers tend to be indifferent to the safety of themselves and others. It's hard to tell if they're lying because their outward appearance can be charming or manipulative. Sufferers also act impulsively, prompting them to harm others and themselves, such as attempting suicide.

Go Moon Young has trauma from her childhood experience. His own father once tried to kill him while he was sleeping. Eventually, his father was admitted to *the OK Mental Hospital* for

many years. Now an adult Go Moon Young considers himself an orphan. His mother is known to be the murderer of Go Moon Young's mother, Moon Gang Tae, which makes Go Moon Young hate herself even more. Go Moon Young's childhood was very dark, full of memories of her mother's cold upbringing and the trauma of her mother's death at the hands of her own father. Not to mention, his father went crazy and tried to hurt him. This colorful life is what makes Go Moon Young's mental health so dark. Indirectly, the mental health of his parents greatly affected him. In the end, Go Moon Young grows independently into a beautiful woman but has an antisocial personality, is arrogant, and doesn't know how to empathize with others.

In the course of his life Go Moon Young can be said to be very extraordinary. Because he had to fight himself in extreme fear and he could control himself with the trauma. At the end of the story Go Moon Young has made peace with his past and has become a better person compared to the initial episode which had violent emotions. This is because he met his idol, which made Go Moon Young turn into a good person.

Conclusion

Based on the discussion in this study, Go Moon Young is a famous children's book writer who has a rude, arrogant, and selfish nature who is traumatized by childhood experiences. Despite having antisocial personality disorder (ASPD), his childhood was very dark because his own father had tried to kill him while he was sleeping and had a mother who killed his girlfriend's mother. After meeting a man named Moon Gang Tae, Go Moon Young slowly begins to change. She learns to socialize with her surroundings, opens up, begins to accept her past, and even falls in love with Moon Gang Tae. Not long after, Go Moon Young became a cheerful person and was liked by those around him. In the end, she grows into a tough woman, has a confident character, dares to defend the truth, is independent, and never gives up.

This shows that emotions are very influential on oneself and the environment (Wang, S. 2018). If Go Moon Young shuts down and distances herself from the environment around her, then other people will not know how she feels and her condition and other people will not understand what is really going on. But on the other hand, if Go Moon Young starts to open up and socialize with his environment, other people will know what he is going through and the people around him will take care of him with love.

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